

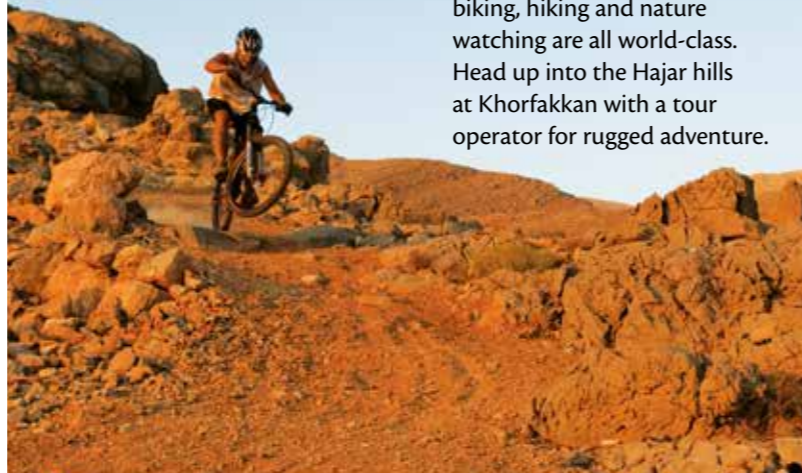
# Active



## ADVENTURE PLAYGROUND

Enjoy the active side of life in Sharjah where the incredible variety of wild terrain and excellent facilities mean there is excitement available for everyone.

Contact any of the many excellent professional tour operators or visit [www.sharjahmydestination.ae](http://www.sharjahmydestination.ae) to find out more about what's available in the emirate.



### A LANDSCAPE FOR THE ADVENTUROUS...

Off-roading, mountain biking, hiking and nature watching are all world-class. Head up into the Hajar hills at Khorfakkan with a tour operator for rugged adventure.

### BY LAND OR BY SEA...

There are activities to suit all preferences and fitness and skill levels to ensure unforgettable holiday memories. Many expertly qualified tour guides offer a great variety of activities and excursions.

Criss cross Sharjah's ever changing sand dunes on a quad bike, and explore the magical beauty of Sharjah expansive desert.



- Sharjah Call Centre  
800 80 000  
[www.sharjahmydestination.ae](http://www.sharjahmydestination.ae)
- Sharjah Golf & Shooting Club  
06 548 7777  
[www.golfandshootingsh.com](http://www.golfandshootingsh.com)
- Sharjah Wanderers Sports Club  
06 566 2105  
[www.sharjahwanderers.com](http://www.sharjahwanderers.com)
- Sharjah Ladies Club  
06 506 7777  
[www.slc.ae](http://www.slc.ae)
- Equestrian & Racing Club  
06 531 1155  
[www.serc.ae](http://www.serc.ae)
- Al Majaz Waterfront  
06 552 1552  
[www.almajaz.ae](http://www.almajaz.ae)

## Adventure Playground



Sharjah has a unique landscape to explore and enjoy with pristine desert, lush oases, wild mountains and coastline on both the Arabian Gulf and the Indian Ocean.



[www.sharjahmydestination.ae](http://www.sharjahmydestination.ae)

@sharjhaTourism

@shjtourism

[www.facebook.com/sctda](http://www.facebook.com/sctda)



### TRADITIONAL AND MODERN SPORTS...

All sports are enjoyed in the emirate - and often seemingly old-fashioned local pursuits celebrate futuristic innovations.

Try your hand at the ancient sport of archery at the Sharjah Golf & Shooting Club's state-of-the-art indoor ranges.

Alternatively go to Al Dhaid and watch traditional camel racing with robots for jockeys.



### IMPROVE YOUR SKILLS...

Take in some expert golf coaching (Sharjah Golf & Shooting Club and Sharjah

Wanderers), work on your horse riding (Equestrian Club) or even practice iceskating (Sky 24 and Sharjah Ladies Club).

### FITNESS AND FUN...

Sharjah Golf & Shooting Club and Sharjah Wanderers both have state-of-the-art gyms. Sharjah Ladies Club has great beachside leisure facilities for women and children.

Ecoventure are world-class experts in running academic adventure camps for kids. The impressive new Al Majaz Waterfront venue includes cutting-edge attractions for children that are energetic, entertaining and educational.



- Sky 24 Sports & Leisure Club  
06 556 0005
- 7 Seas Divers  
09 238 7400  
[www.7seasdivers.com](http://www.7seasdivers.com)
- Noukhada Adventure Tours  
050 721 8928  
[www.noukhada.ae](http://www.noukhada.ae)
- Ocean Adventures  
06 568 0886  
[www.oceanadventuresuae.com](http://www.oceanadventuresuae.com)
- Ecoventure  
04 455 8777  
[www.ecoventureme.com](http://www.ecoventureme.com)
- Sharjah Museums  
06 556 6002  
[www.sharjahmuseums.ae](http://www.sharjahmuseums.ae)

# Active Highlights

## 1 Indoor Fun

FROM SHOOTING TO BOWLING, FROM ICE SKATING TO HORSE RIDING, BE ACTIVE IN AIR-CONDITIONED COMFORT AT SHARJAH GOLF & SHOOTING CLUB, SHARJAH LADIES CLUB OR THE EQUESTRIAN & RIDING CLUB.

## GET ACTIVE!

BE SURE TO ENJOY THESE UNMISSABLE ACTIVITIES.

There are activities galore on offer in Sharjah - both inside and outside, above and below water, on the coast and inland. So go out, explore and enjoy the many great experiences available.

PUT YOUR FEET UP AND RELAX AT THE SHARJAH LADIES CLUB'S LUXURIOUS SPA.

## 4 Relax

## 2 Best Beaches

## 3 Splash

### TAKE OUT A JETSKI...

Race and splash around on the water at Al Mamzar Lagoons on the west coast or Khorfakkan beach on the East Coast.

### PAINTBALL PARK...

For the region's best, head to the Sharjah Golf & Shooting Club.

## 6 Shoot

### THE REGION'S BEST ARRAY OF BEACHES...

With coastline on both the Arabian Gulf and the Indian Ocean there are beaches in the heart of the city, in lush parkland, on calm lagoons and remote coves.

Enjoy a sunset picnic at Al Fisht beach on the city's northern coast, watch the watersports at Khorfakkan beach on the East Coast or escape it all further south at idyllic Khor Kalba.

## 7 Explore

HEAD OUT TO THE HUGE DUNE KNOWN AS BIG RED FOR A MEMORABLE DESERT ADVENTURE.

### TAKE TO THE WATER TO APPRECIATE THE FINE MARITIME SIDE OF SHARJAH...

Cruise the lagoons and creek (take a boat from Al Qasba or from Khalid Lagoon) to enjoy spectacular views of the city and to understand its maritime history.

A boat trip over on the east coast can take you to desert islands and private beaches, for swimming, fishing or peaceful picnicking.

### TRULY SPECTACULAR UNDERWATER WORLD...

Head to the Sharjah Aquarium for an insight into local marine life before going

## 3 Boating

## 8 Dive

for a dive or snorkel to see beautiful tropical fish, turtles and even whale sharks.